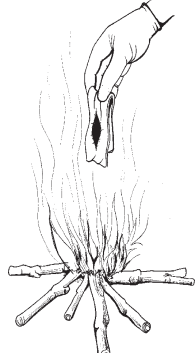


# OKUNAGA NARI OKUYONJA EBINTU EBIRIMU ESHAGAMA EBIKORESIBWE OMUNTU ORI OMU MICWE

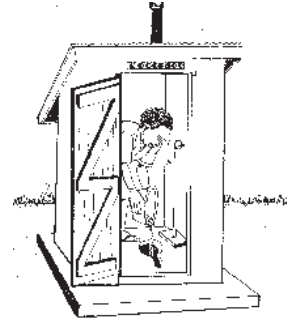
Orupapura Oruriho Eby'okwegga

## EBITARIKUZA KUGARUKA KWEJUNISIBWA

Omwenda ogwejunisiibwe **ogutarikuza kugaruka kwejunisibwa** nari paadi hamwe n'ebireere bishemereire kunagwa biti:



Byokibwe (ogu nigwo omuringo omurungi ahabw'emyanya eri omu ndembo n'omu byaro



Binagwe omu kihoroonyo (Eki kikorwe abarikutuura omu byaro bonka)



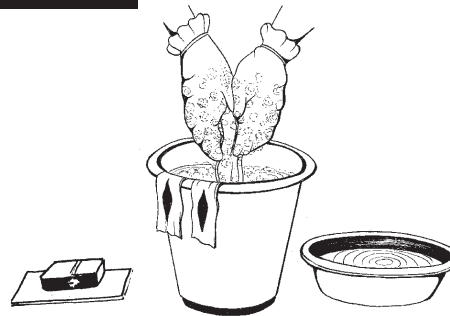
Biteebwe omu bintu bibiri kimwe omunda y'ekindi binagwe omu kintu ekirikunagwamu kasasiro (omuringo endijo ei twagambaho yarema)

## EBIRIKUZA KUGARUKA KWEJUNISIBWA OMURUNDI OGUNDI

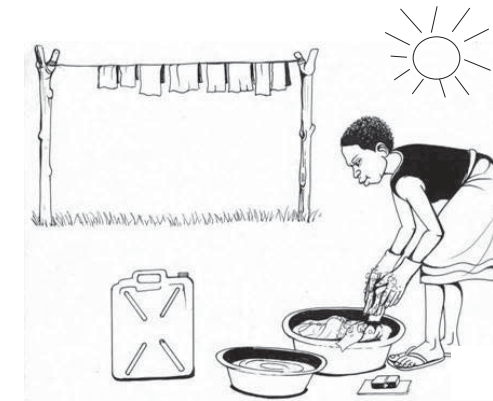
Omwenda ogwejunisiibwe haza gurikuza **kugaruka kwejunisibwa**:



Tumbika omwenda ogurofahaire kumara haakiri edakiika 20 omu maizi agarimu Jiiki haza ekintu eki waapimamu jiiki omurundi gumwe obe nikyo waapimamu amaizi emirundi mwenda (jiiki yaaba eriho)



Gwozye n'amaizi hamwe na saabuuni



Gwanikye aha mushana

**EKI NI KIKURU:**  
Buriijo jwara akapiira k'okushoshekamu engaro (giraavu) nari ekintu kya purasitiika waaba n'okwata eshagama na bwanyima onaabe engaro waaheza.